

Children's Hospital of Michigan
Rehabilitation Services

Therapeutic Recreation
Treatment Tools

Short Term Memory

memory game
simon
verbal recall of activity
concentration
singing songs
computer tasks
calendar tasks
uno

Cause and Effect:

see and say
piano/keyboard
video games
busy box
paint with water
coloring
typing/computer
spirograph
paint n swirl

Problem Solving:

puzzles
dot to dot
mazes
computer
checkers
board games
connect 4
shape sorter
crossword puzzles
perfection
scruples for kids
kitchen set

Following Directions:

color/paint by number
boardgames
card games
computer
checkers
video games
scruples for kids
dot to dot
paper pencil tasks

Strength:

weighted balls
dumbbells
treadmill elevation/mph
arm bike tension
leg bike tension
total gym
wrist weights
calisthenics
playdough

Endurance:

treadmill
arm bike
leg bike
zoom ball
walking
propelling w/c

Attention and Concentration:

color by number/letter
boardgames
paint with water
computer
card games
hidden pictures
video games
reading

Eye/Hand Coordination:

baseball
catch
football
T-ball
ring toss
hockey
balloon volleyball
dribbling
zoomball

Fine Motor Coordination

writing
coloring
lego's
perfection
crafts
checkers
matchbox cars
action figures
board games

Adaptations:

pencil grip
wrist weights
card holder
velcro
coband
easels
tape
clipboard